



COOKHAM REACH SAILING CLUB
BERRIES ROAD COOKHAM BERKS. SL6 9SD

SAILING INSTRUCTIONS

LIGHTNING 368 OPEN MEETINGS



1) Governing Rules

Races will be governed by the ISAF Racing Rules of Sailing (RRS) 2021-2024, the rules of the Lightning 368 Class, and these Sailing Instructions. Additional notices to competitors and changes to the Sailing Instructions will be posted in the main hall of the clubhouse.

2) Eligibility and Entry

The event is open to boats of the Lightning 368 Class only. Association membership is not required.

3) Insurance, Liability & Personal Safety

All boats must be insured to a minimum of £3,000,000 for third party liability.

Competitors participate in events at CRSC entirely at their own risk. CRSC accepts no liability for any loss, damage, personal injury or death sustained in conjunction with this event. RRS 4 applies.

Personal buoyancy for the helm, if not worn, must be carried on board. It is recommended that personal buoyancy is worn at all times but will be obligatory when ordered by the Officer of the Day (OD) and for all sailors under the age of 16 years. Wet or Dry suits are not adequate personal buoyancy. RRS 40 is amended: Flag "Y" may not be flown.

Boats and competitors in difficulties: If the safety boat operative considers that a boat or competitor is in difficulties it may instruct the competitor to accept outside help and/or retire from the race.

4) Schedule of Races

3 or 4 races will be sailed. The starting time for the first race will be as advertised; the OD will announce the starting time and format for subsequent races. Race duration is nominally 40 minutes.

5) Class Flag

Flag "L" will be used as the Lightning 368 Class Flag (yellow/black/black/yellow in four quarters).

6) Racing Area

Upstream to Bourne End railway bridge, and downstream to Cookham road bridge. Competitors are advised to exercise extreme care approaching Cookham road bridge due to the lock and weir beyond.

7) Course & Marks

The course shall be a number of laps around two or more marks as follows.

Marks: orange/yellow/white buoys with black lettering, typically placed thus:

- A** Upstream, towards Bourne End railway bridge.
- B** At the bend in the river.
- C** Downstream, towards Cookham road bridge.
- D & E** Additional buoys that may be positioned anywhere, normally between **A** & **C**.

The course route and number of laps will be displayed on the course board positioned in the Clubhouse entrance porch and duplicated by coloured tiles (red – pass to port / green – pass to starboard) and number of laps on the OD Box course board, or portable course board, at the start line. In the event of any ambiguity the course shown at the start line shall take precedence.

The number of laps is defined as the number of times round buoy **A** irrespective of the direction and location of the start.

8) Start & Starting Line

Races will be started in accordance with RRS 26 (i.e.: 5min / 4min / 1min / 0min start sequence).

The starting line is formed by a line through the main signal mast and a transit post on the club frontage. If Flag "V" is flying on the main signal mast, then the starting line is formed between a portable signal mast and a transit post situated elsewhere on the Berkshire (club-side) bank.

An arrow fixed to the transit post indicates the direction of the start/finish. The length of the starting line may be limited by an inner and/or outer distance mark.

9) Finish & Finishing Line

Races will normally finish at a line formed by the main signal mast and a transit post on the club bank.

In the event that the race is required to be finished elsewhere then the line will be formed between a portable signal mast and a transit post on the Berkshire (club-side) bank.

The line will be approached in the direction from the last mark of the published or shortened course.

If the finishing line is located outside the course then a buoy will not rank as a mark if a boat is not required to round it.

Slower boats will be finished the next time they cross the finish line after the leading boat has finished (ie: lapped boats do not need to complete the same number of laps as the winning boat).

10) Time Limit

The time limit will be 50 minutes for the leading boat in each race. In any case, any boat not finishing within 15 minutes of the leading boat will be deemed to have not finished (scoring DNF).

11) Protests & Requests for Redress

The Exoneration Penalty, Advisory Hearing and Arbitration Procedure of the RYA Rules Dispute Procedure are not offered. Protest forms are available from the race committee. If a protest is intended the OD must be informed within 10 minutes of finishing the race and the completed protest must be lodged, and the protestee informed, within 30 minutes of the last boat completing the race.

Whenever possible the protest will be heard before the prize giving and, if necessary, in the absence of the interested parties. If for any other reason it is not possible to hold the hearing then the result will be announced as provisional and subject to protest. The protest will then be heard at a time agreed by all parties and the provisional result adjusted as necessary.

12) Scoring System, Tie Resolution & Prizes

Scoring will be in accordance with RRS 90.3, A2, A4: Low Point System, with 1 excluded score (discard) if 3 or 4 races are sailed, or with no excluded score if only 1 or 2 races are sailed. RRS 44.3 Scoring Penalties will not apply.

The Derek Bayley Trophy: Awarded to the highest placed CRSC helm.

Other prize(s) awarded to members or non-members of the Class Association.

DNS, OCS, BFD, DNF, RET shall score 1 point more than the number of race starters. DSQ shall score 2 points more than DNS.

DNC, TNR (Travelled, No Result) shall score 1 point more than the number of event entries.

Race / Series Ties shall be resolved using RRS A7 / A8.1 respectively, excluding discards.

If, after RRS A8.1, a tie remains between two or more boats (A8.2), they shall be ranked in order of their scores in the last race. Any remaining ties will be broken using scores in the next-to-last race, and so on until all ties are broken. All scores shall be used even if some of them are excluded scores.

Notes:

- 1) **The speed limit in Berries Road is 10 mph – beware speed humps.**
- 2) **No cars are allowed in the boat park.**
- 3) **Please rig/de-rig boats in the boat park, not the car park.**
- 4) **No equipment is allowed on the towpath except in transit to/from the club.**
- 5) **Children aged under 14 years must at all time be under the control of a responsible adult and must wear personal buoyancy when on the club frontage.**
- 6) **Children aged under 14 years shall not remain in the bar area.**
- 7) **Smoking/vaping is not permitted in any of the club buildings, garage, engine-store or OD box.**